

**Policy**

PHYSICAL EDUCATION AND HEALTH

The West Cape May Board of Education directs that the district's curricular and extracurricular programs of physical education and activities comply with the district's affirmative action resolution and equity plan for school and classroom practices as stipulated in policies 2224, 5145.4, 6121 and 6145 in this manual. The board shall ensure that the comprehensive health and physical education curriculum addresses all elements required by the New Jersey Student Learning Standards.

In general, physical education classes shall not be divided on the basis of sex. The quality and quantity of teachers, equipment and facilities shall be equivalent among the schools and comparable from level to level, taking into account the needs of the students.

Members of district interscholastic athletic teams may be excused from participation in the physical activities part of their physical education program without loss of graduation credit on the request of their coach on any day on which they are designated to participate in a regularly scheduled game. The chief school administrator shall approve procedures by which coaches will inform the physical education department, on the day in question, of the specific students to be excused. Such students shall be scheduled for a study hall period instead.

The board will consider on a casebycase basis requests from students or their parents/guardians in the case of minors for permission to satisfy the physical education requirement through an alternative program of athletics or physical education activities that meets the requirements of law and is consistent with the district's physical education program goals and instructional objectives.

The district physical education programs and instructional activities shall be equitable. All physical education programs shall be co-educational unless otherwise indicated by law. All high school offerings in physical education shall be examined for balance and equitable facilities and resources.

Suicide Prevention

Students at all grade levels shall receive instruction in suicide prevention as part of the district health and physical education curriculum and consistent with the New Jersey Student Learning Standards for Comprehensive Health and Physical Education.

Adopted: November 7, 1989  
Readopted: September 11, 2014, March 9, 2017  
NJSBA Review/Update: August 2019  
Revised and Readopted:

Key Words

Nondiscrimination, Physical Education, Health, Affirmative Action

**Legal References:** N.J.S.A. 18A:6-111 et seq. Instruction in Suicide Prevention  
See particularly:

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	<u>N.J.S.A.</u> 18A:6-113	Instruction in suicide prevention in public school curriculum
	<u>N.J.S.A.</u> 18A:354.19 through -4.22	<u>AIDS Prevention Act of 1999</u>
	<u>N.J.S.A.</u> 18A:35-4.23	Domestic violence, child abuse, instructions on those problems
	<u>N.J.S.A.</u> 18A:35-4.23a	Dating violence into health education curriculum
	<u>N.J.S.A.</u> 18A:35-4.28	Instruction in CPR and use of AED for certain students
	<u>N.J.S.A.</u> 18A:355 through 9	Maintenance of physical training courses; features
	<u>N.J.S.A.</u> 18A:37-33 through -37	Dating violence policy and education
<u>N.J.A.C.</u> 6A:7-1.7		Equality in school and classroom practices
	<u>N.J.A.C.</u> 6A:83.1	Curriculum and instruction
	<u>N.J.A.C.</u> 6A:8-5.1	Graduation requirements
	<u>N.J.A.C.</u> 6A:9B-5.16	Athletics Personnel
	<u>N.J.A.C.</u> 6A:9B-10.3	Health and physical education
	<u>N.J.A.C.</u> 6A:16-2.1 <u>et seq.</u>	General Provisions for School Health Services
	<u>See particularly:</u>	
	<u>N.J.A.C.</u> 6A:16-2.2	
	<u>N.J.A.C.</u> 6A:32-9.1	Athletics Procedures
	20 <u>U.S.C.A.</u> 1681 <u>et seq.</u>	- Title IX of the Education Amendments of 1972
	The Comprehensive Equity Plan, New Jersey State Department of Education	

**Possible**

<b><u>Cross References:</u></b>	*2224	Nondiscrimination/affirmative action
	*5145.4	Equal educational opportunity
	*6121	Nondiscrimination/affirmative action
	*6142	Subject fields
	*6145.1/6145.2	Intramural competition; interscholastic competition
	*6146	Graduation requirements

\*Indicates policy is included in the Critical Policy Reference Manual.